“Learn from yesterday, live for today, hope for tomorrow.” – Albert Einstein

Happy New Year to all of you! It is hard to believe it is already 2019, but with the ending of one year and the beginning of another comes the chance to reflect and make all those resolutions we have been putting off; I am looking forward to what this new year will bring and optimistic about our future. I hope that your 2018 was good but that the new year is even better.

You may or may not already know that Jolene Kap, our Community Affairs Coordinator, made what was, in her words, the very hard decision to accept a job opportunity elsewhere. Jolene was great at what she did and the events she was in charge of were always top-notch – she put on a great Fourth of July Celebration year after year in addition to the monthly Senior Lunches, Easter Egg Hunt, Take Pride Day, Halloween Carnival, Cemetery Luminary, assisting with the Youth Council and Miss West Point activities, etc., etc., etc. Thank you, Jolene, for everything; you left every event better than you found it and we all benefited from your hard work. Through quite an extensive search, Shelby Sargent was hired to take Jolene’s position and I have no doubt that we won’t miss a beat. Shelby was born in California and recently returned from living in Germany for two years with her husband who is active duty with the Air Force. Shelby will continue with the planning and orchestrating of our City events and will be a great addition to our amazing City Staff.

Commercial Development

Occasionally, I will get complimented on bringing different businesses to “The Point” development, which are always followed up with the question of what is coming next. The truth is, I have very little to do with bringing different businesses to West Point; it is all of you that drive what businesses come in and how they will do once they get here. When others succeed, it gives interested owners confidence that they can come in and do the same. Likewise, the opposite happens when businesses come to a particular area and struggle. I know we have a lot of options in the surrounding cities on where we spend our money but if we want new, quality places to come to West Point, we have to shop and spend money at the ones we already have. Marco’s Pizza opened a few weeks ago, and although there was no formal grand opening, I did go there one night to pick-up some pizza for my family and found that it is both a very nice sit-down and take-out restaurant. Having never been to a Marco’s Pizza, I was a little worried that my kids would not like my new choice, but guess what? They loved it. Understanding that they are a new business and just trying to get started here in West Point, I was still a little taken aback that night that there was not one person sitting and eating in the restaurant area. Although quite a few people were coming and going to take their pizza home, it just reminded me that we need to all do what we can to shop and eat in West Point when it is possible. I think we can agree that, so far, we have had some great eating options move into the development surrounding Smith’s. I hope we can all do our part to keep them busy and happy that they decided to open up shop in West Point.

Winter Snow Season

Please be careful this winter driving season. Remember the winter parking restrictions (no overnight on-street parking between 1 AM and 6 AM) so that you don’t get a slip of paper on your car saying you need to donate some money to the Davis County Treasurer. And last but not least, please don’t blow your snow out into the street; doing so can create a dangerous situation for our plow drivers and slick spots for the rest of us. If you notice any code violations remember you can submit an anonymous complaint on our City website, www.westpointcity.org.

So here it is to 2019 - may we be grateful for what we have, share with others that don’t, and may we all follow through with our new year’s resolutions.

- Mayor Erik Craythorne
This month the Youth Council helped with the Cemetery Luminary by filling bags with sand, lighting candles to go in them, and placing them on each of the headstones in our cemetery. It was a great project and they were able to be involved with so many City residents! Thanks to everyone who was involved!

Upcoming Events:

USU Leadership Conference  
March: TBA  
Registration Fee will be due in January  
(Exact dates of the Conference will be announced soon.)  
This is a great opportunity for our Youth!

### January

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**JUST FOR SENIORS**

Each month West Point City holds a lunch for Seniors 55 and older. The cost is $2.00 per person and both residents and non-residents are welcome!

**This month’s lunch will be on:**

**Monday, January 14th @ 11:30am**

The menu for this month is:

- Swedish Meatballs & Noodles
- Scoop cake for dessert

**YOU MUST RSVP TO RESERVE A SPOT**

Please call City Hall by January 10th at (801)776-0970

To view the 2019 Senior Lunch Calendar, visit the City Website under the Community Affairs Page.
Each winter season, our Public Works employees put forth a huge effort to keep our streets plowed and safe for winter driving. We have asked you to help make this effort more efficient by refraining from parking on City streets and by keeping your trees trimmed so that plows can pass without causing damage to equipment or to your trees.

Beginning in early November, I have issued hundreds of courtesy notices and have been able to visit with many of you. I have received excellent cooperation in removing vehicles and trimming trees to come into compliance with our Code. Many of you have also informed the City via our website of individuals who continue to park on the street. Thank you for your help in accomplishing this vital task. Davis County Sheriff's department is actively patrolling the City and has and will continue to issue citations for parking violations.

West Point City is and will continue to be a great place to live because families not only care about their own homes and yards, but they also take pride in their neighborhoods. Thank you for helping to keep it that way.

Please call Code Enforcement Officer Bruce Dopp at 801-776-0970 or visit our website at http://www.westpointcity.org/code-enforcement.htm

The Davis County Board of Health has updated the Smoking and Vaping in Outdoor Public Places Regulations to include electronic cigarettes and vaping.

- Parks
- Playgrounds
- Sports Fields
- Amusement Parks
- Swimming Pools
- Bleachers
- Cemeteries
- Outdoor Eating Areas
- Walking/Running Trails
- Within 25 feet of outdoor places for public gatherings

Christmas Tree Disposal
Christmas trees will be accepted at the Green Waste Recycling Facility at NO CHARGE beginning December 26th through January 31st. Live, cut trees only. Trees with lights or decorations and artificial trees will be accepted as municipal solid waste at regular landfill disposal rates. Customers from within and outside of the District may take advantage of the free Christmas tree disposal. The Green Waste Recycling Facility is located at 1997 East 3500 N, Layton www.wasatchintegrated.org

The CAREGIVER ACADEMY
The Caregiver Academy is a free series of six workshops that assist family and community caregivers in developing the skills needed to manage an in-home care environment. Each participant receives a free Managing Care Guide.

The Six Workshops:
- Thursdays at 11:00 AM to 12:30 PM
- Jan. 17: Finding Caregiver Resources
- Jan. 24: Building Caregiver Resilience
- Jan. 31: Setting Good Care Boundaries
- Feb. 7: Involving Family & Others
- Feb. 14: Managing Difficult Behaviors
- Feb. 21: Understanding Care Options

Clinics held at the University of Utah Farmington Clinic:
165 North University Avenue, Farmington
Space is Limited – Registration Required To Sign-Up, Call: 801.525.5050, Option 5

The University of South Carolina Office for the Aging
In the Alliance OAP Public Health and the SC Department of Health and Human Services present
Dementia Dialogues™
The Dementia Dialogues program is offered as a COA by the Office for the Aging and the South Carolina Department of Health and Human Services.

Workshop offered in Davis County
For more information or to register, call 801-525-5050, Option 5

Space is limited to 20 participants.
On the 12th of November, the officially designated date for observation of Veterans Day, we enjoyed a dual commemoration at the Military Memorial in West Point. While also observing Veterans Day, we celebrated the Centennial Anniversary of the Signing of the 1918 Armistice. With the planning and organizing of this event, I got to wondering about the other days that we in the United States commemorate other events that in some way recognize our military forces. Through some research I compiled a list, and the following are some of the more significant observance dates:

- Feb. 3 Four Chaplains Day
- Feb. 19 Coast Guard Res. B-Day
- Mar. 3 Navy Reserve Birthday
- Mar. 5 SeaBee Birthday
- Mar. 13 K-9 Veterans Day
- Mar. 29 Vietnam Veterans Day
- Apr. 14 Air Force Reserve B-Day
- Apr. 23 Army Reserve Birthday
- May 1 Loyalty Day
- May 8 VE Day Commemoration
- May 20 Armed Forces Day
- May 28 Memorial Day (Last Mon)
- Jun. 6 Anniversary of D-Day
- Jun. 14 Army Birthday (1775)
- Jun. 23 Coast Guard Aux. B-Day
- Jun. 25 Anniversary of Korean War start (1950)

As stated, these are the most significant dates and there are many other minor ones that I have not listed. However, they should all serve to remind us of one thing: we are blessed because of the many brave Americans who have, before 1776 and since, offered their lives as payment for our freedom. Many of us were fortunate in that the ultimate sacrifice was not required of us; many were not. Never forget!

RECREATION

Most recreation sign-ups can be done online at www.westpointcity.org or stop by City Hall to fill out a registration form. Some activities require in-person registration at City Hall.

Contact Kelly Ross @ 801-529-3352 or Shaun McBride @ 801-916-6056 for more information on recreation activities and sign-ups.

Beat the Winter Blues!
Winter blues, or seasonal affective disorder (SAD), is thought to be common. It can affect people of any age, including children. Everyone is affected differently, so what works for one may not work for another, but following these tips will help:

- Keep Active
- Get Outside
- Keep Warm
- Eat Healthy
- See the Light
- Start a New Hobby
- Stay Social
- Talk it Through
- Join a Support Group
- Seek Help

Jr. Jazz
Utah Jazz Game Night:
Monday, March 4th
vs.
New Orleans Pelicans
7 PM

Spring Soccer
Registration: January 28th - March 4th
Cost: $40
Pre-K through 6th Grade
Boys and Girls